



WINGATE EAST

INDEPENDENT LIVING

SAMPLE DINNER MENU I

Appetizers

Wild Arugula & Radicchio Salad

“Sugar Bomb” Cherry Tomato, Shaved Parmesan, Aged Balsamic Vinaigrette

Bubby Baylah’s Chicken Noodle Soup

Wide Egg Noodle, Free Range Chicken, Parsley

Choice of Entrée

Pan Roasted Ora King Salmon

Grilled Lemon

Bell & Evans Roasted Chicken

Natural Herb Jus

GiGi’s Sweet & Sour Beef Brisket

Grain Mustard, Sweet & Sour Sauce

Accompaniments

Grilled Asparagus

Honey Glazed Heirloom Carrots

Potato Latkes with Chives, Sour Cream and Honey Crisp Apple Sauce

Finishing Touches

Seasonal Flavors of Ice Cream

Warm Homemade Banana Bread with Honey Butter

Chocolate Chip Cookies

Fresh Berries

(Gf) Gluten Free No Added Sugar Desserts Available

Before placing your order, please inform your server if a person in your party has a food allergy.



WINGATE EAST

INDEPENDENT LIVING

SAMPLE DINNER MENU II

Appetizers

Baby Kale Salad

Toasted Pine Nuts, Grated Pecorino Romano, White Balsamic Vinaigrette

Italian Wedding Soup

Escarole, Polpettine, Orzo, Bubby Baylah's Chicken Broth

Choice of Entrée

Rigatoni with Pomodoro Sauce

"Sugar Bomb" Cherry Tomato, Roasted Garlic, Pesto

Grilled Mediterranean Branzino

Charred Lemon

Thinly Pounded Veal Milanese

Arugula Salad, Shaved Parmesan, Lemon Wedge

Accompaniments

Sautéed Green Beans with Toasted Garlic & Shallots

Roasted Beets with Feta Cheese and Dill

Lemon Potatoes

Finishing Touches

Seasonal Gelato Flavors

Tiramisu

Biscotti

Fresh Berries

(Gf) **Gluten Free No Added Sugar Desserts Available**

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